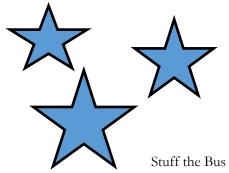


August 2019

Resiliency Village's mission is to improve the quality of life for our unsheltered and otherwise traumatized citizens. We provide fundamental on-site services, creative art therapies, skill-building, and the model of a healthy lifestyle, supporting the opportunity for a self-sustaining future through housing, healing, and hope.



# What have we been up to?



Stuff the Bus for school supplies!



Thanks to Adam Herd Construction, we have a railing on our tiny house model!

Attending workshops and talking up Resiliency Village!

Resiliency Village Board of Directors has been busy this month. We have located a piece of property and are negotiating for purchase.

Mark your calendars! We will be holding our first major fundraiser, "Raise the Roof for Resiliency Village" on October 19, 2019—6:30-10:00—14888 Peaceful Valley Road. There will be live music, storytelling, a live auction, and more. For more details, follow us on Facebook, or check our website www.resiliencyvillage.org.

The following support classes are in the works:

- 1. Self-care for parents of children experiencing trauma, facilitated by Sally Arnold.
- 2. What do I do? People on the fringes of homelessness, facilitated by Sharon Rose.
- 3. Nutrition and Cooking Healthfully, facilitated by Katryn Weston





# MEET YOUR RESILIENCY VILLAGE BOARD OF DIRECTORS



Dr. Brenda Chapman, President

Dr. Chapman has been an educator in Tuolumne County for 32 years, as a teacher, principal, assistant superintendent, and superintendent. As the Assistant Superintendent for the Tuolumne County Superintendent of Schools, Dr. Chapman trained teachers, operated educational programs for at-risk youth and preschool, and was the liaison to community and social service agencies. Dr. Chapman retired as the Superintendent of Jamestown School District, where she opened a Spanish Bi-lingual Program, a Science Academy, and partnered

with Head Start to open an Infant-toddler center to provide a continuum of services to children birth to 8th grade. Along with Mark Dyken, Dr. Chapman initiated Trauma-Informed Practices at Jamestown School District, providing training for school districts and community agencies. Dr. Chapman is also trained as a music therapist



### Mark Dyken, Vice President

Director – Jamestown Family Resource Center, Resiliency Village and Blue Mountain Radio, Storyteller, Drummer, Radio Show Host, Community Activist. Mark has served children and families on the margins for over 25 years. Mark has been the director of the Jamestown Family Resource Center for the past sixteen years. He is also the homeless and foster student education liaison for the Tuolumne County Superintendent of Schools, a trustee for the Vallecito Union School District Board and a founding director of Resiliency Village. He is a trainer and motivational public speaker on the topics of trauma informed education, homelessness, com-

munity activism and related subjects. Mark has toured the country and the world as the drummer in his family band, Clan Dyken for over thirty years. Using music, stories and the power of the drum in service to the causes of peace and social justice he brings people together with a strong heartbeat, whether he's setting the pace for the full rock band in front of a crowd of thousands at a music festival or in a solo performance in a small intimate setting. He is the host of the weekly radio show Heart and Soul on Blue Mountain Community Radio, a station he helped to found and build in Calaveras County. On the show he explores a theme or topic every week with music, stories and a variety of media.



### Shelley Muniz, Secretary/Treasurer

Shelley worked 15 years as a special friend, teacher's aide, librarian, and substitute aide in special education. Her interest in child behavior and alternative methods of response for inschool and at-home discipline, lead to her library becoming a go-to-place, incorporating positive interaction with necessary intervention as it related to children who had experienced trauma. Shelley was a school liaison for youth-to-senior programs, and participated in the Tuolumne County Teen Pregnancy Program, organizing and transporting groups of students to do volunteer work at elder care facilities and to help teens in need. In 1991,

Shelley became an advocate for children with life-threatening illnesses. Today, she remains involved with health care concerns, homelessness, is a founding member of Resiliency Village and the RV Secretary/Treasurer. Shelley is also a writer, the focus of her work being social and environmental consciousness in both fiction and nonfiction genres. She has published four books and contributed short stories to various literary journals.

# Erin O'Hare

Erin is a native to the San Francisco Bay Area but has lived in the Sierra Nevada foothills for nearly thirty years. Her biggest accomplishment thus far has been raising three awesome humans! She feels blessed to have the heart of a servant and has enjoyed volunteering for many organizations including the Boy Scouts, Girl Scouts, Chambers of Commerce, Rotary International and UC Cooperative Extensions to name a few. Most recently, she had the opportunity to volunteer with an organization called 'Give Someone A Chance' which provides showers, clothing, and food to the unsheltered and disadvantaged several times a week. It is her firm belief that alt-

hough some amongst us have had less opportunity and very challenging circumstances to overcome we all deserve to be loved and to live with dignity. She is grateful to have the opportunity to be the change she wishes to see in the world.



### Robert Gelman

Robert Gelman is an entrepreneur, author, editor, musician, interactive media developer, and producer of large events, including conferences, trade shows, and festivals. He has also held senior marketing positions and consultancies with leading publishing and software companies. Among Robert's achievements were significant management positions in the Expo group of Cahners Business Information, and Director of Development for Miller Freeman Expositions. He cofounded the CyberArts International Festivals, produced several Digital Be-ins, and played a key role in the Wholelife Expos, including creating the spectacular "Sephira, Cirque of the Soul" at

Wholelife Expo 2013 in Chicago. As an Internet entrepreneur, he was responsible for the development of hundreds of pioneering websites, including AOL (with musician Thomas Dolby) in the 1990s and early 2000s. Since relocating to Sonora, he has produced numerous community-wide events, including the *Spirit/Mind/Body Expos*, several for the Foothill Collaborative for Sustainability (FoCuS), as well as concerts and dance performances.

Check out our new website. From it you can follow our progress. We encourage you to call, write, email, and of course, speak to us in person. Board members love talking up Resiliency Village and appreciate your input. Productive gardens depend on the seeds that are planted, the constant care that provides nourishment to young sprouts, and the maintenance that sustains the roots and grows the plants to maturity. Remember—this is a community effort and without you, we won't grow. We are constantly asked how we will sustain ourselves once established. The truth is, it's going to take some work, both on our part, and yours. Thank you for your continued support.







RV Contact Information: Address: P.O. Box 523 Soulsbyville, CA 95372 Phone: (209) 396-5554 or (209) 770-4347 Email: Info@ResiliencyVillage.org Website: www.ResiliencyVillage.org YOUR

## What is hope and why is it important at Resiliency Village?

Hope can be a noun or a verb. Webster says as an intransitive verb, hope is to cherish a desire with anticipation: to want something to happen or be true. As a noun, hope is defined as desire accompanied by expectation of or belief in fulfillment.

We all need hope to accomplish goals, to give us a reason to put forth our best effort, to carry on when our prospects seem dim. I cherish the desire to see a world without homelessness or hunger with the anticipation of how wonderful it will be to see us living that way and I do have a belief in the fulfillment of that desire.

Like everyone else, I have days when my hope wanes, when the tasks at hand seem too big for my skill set or abilities, times when the facts on the ground don't leave much room to believe my desires will be fulfilled. Fortunately, I know I don't have to go it alone. There are people and resources available to me if I ask for help. Sometimes the aid I need comes without even asking because people in my life are that good. My hope is restored and I can carry on.

I think restoring hope for our brothers and sisters who are without housing, who are in need of healing from the impacts of trauma and having to carry on for too long without the help they need is vital to uplifting them. If we are to end home-lessness and truly heal those on the margins we must restore their ability to want and believe good things will happen to them. Everyone deserves to have the expectation or belief in the potential of a life well-lived. At Resiliency Village we want to start with safe housing and a place for healing as a way to restore hope to those who've all but lost it.

Anne Frank said "I don't think of all the misery but of the beauty that still remains."

If we can see that beauty in others and help them see it in themselves we're building hope and giving people a reason to believe. That's important.

## - Mark Dyken

We know homelessness is a problem in Tuolumne County. What is unknown to most people living here is how much of an issue it is. Homelessness affects everyone in the county as we all wind up paying for things like law enforcement and first responder time spent on people who have nowhere to go. It costs our hospital and clinics to treat people who never get over ailments due to their living conditions. It costs more to educate homeless children, so our schools have a cost too. The list goes on. It is startling to think we have a higher percentage of homeless people in Tuolumne than Los Angeles County but the annual Point In Time (PIT) count shows this to be true. Resiliency Village could actually wind up saving the county money by investing in services to treat the causes of homelessness and help restore the dignity of work to people on the margins. One of the unknown but significant costs of homelessness is the loss of human potential. We can recover that loss with housing, healing, and hope.

How do we compare? -- US Cities With The Highest Homeless Numbers

Number of Total

Rank	City	Homeless	Population	%
1	New York City	78,676	8.623 m	0.01
2	Los Angeles County	49,955	10.16 m	0.005
3	Seattle/King County	12,112	2.189 m	0.006
4	San Diego County	8,576	3.338 m	0.003
5	San Jose/Santa Clara County	7,254	1.938 m	0.004
6	Washington DC	6,904	702,455	0.01
7	San Francisco	6,857	884,363	0.008
	Tuolumne County	424	54,248	0.008
	Summer 2017 PIT	711	54,248	0.014

US City figures from Statistica.com based on Continuum of Care data and most recent US Census.